

Reflecting With Art Cards: Expressing Thoughts and Feelings

Hisako Yamashita

APPENDIX A: Finding Postcards

Postcards of famous paintings are available in museum gift shops or online stores. Disney postcards are available in bookstores or online stores. Here are some links to postcards:

The Art Box Postcards, Phaidon Press

<http://uk.phaidon.com/store/stationery/the-art-box-postcards-9780714865171/>

The Art of Disney: The Golden Age (1937–1961), 100 collectible postcards, Chronicle Books

<http://www.chroniclebooks.com/art-of-disney-the-golden-age.html>

APPENDIX B: *Reflecting With Art Cards Worksheet*

Reflecting With Art Cards

Name _____

Art card that illustrates my current situation/feelings

- Describe the art card:

- Reason you chose this art card:

Art card that depicts my ideal future self

- Describe the art card:

- Reason you chose this art card: