

# The Say 3 Challenge

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## APPENDIX: Table for Creating “Say 3 Challenges”

Number of Responses	Subjects	Additional Details Requested
Say 2 . . . Say 3 . . . Say 4 . . . Say 5 . . .	places . . .	. . . where you spend most of your time
	future goals . . .	. . . that you hope to achieve in your life
	tools . . .	. . . that you can’t do without in life
	types of animals . . .	. . . that people think are dangerous but are not
	memories	. . . you have that involve gifts
	times	. . . when you were really scared
	things	. . . that you once thought were important but don’t any longer
	events	. . . that would never happen if . . .
	things	. . . that could happen if . . .
	reasons	. . . that you should . . .
	animals	. . . that . . .
	jobs	. . . that . . .
	<i>add your own</i>	