

Homework and pair instructions for Stage Fright and Oral Presentations Lesson by Gayle McIntyre

Homework to complete before class

1. Complete Canvas survey before midnight, the evening before class
2. Class preparation – Read on Canvas “*Stage Fright: How to Overcome Your Fear of Public Speaking*”. This Pdf outlines five common fears people have related to public speaking, and presents four steps to overcome them.
 - a. Take notes about the reading. You will give an oral summary of the article to a small group in class
 - b. Brainstorm some extra ideas of your own to add to the four steps given. In other words, you should be prepared to add new suggestions for each step. For example, one step is to practice the presentation, so you might add that it’s best for students to video record the practice presentation so they can watch it later and see how they looked. Another student may suggest practicing in front of a mirror, or in front of friends or even with the teacher during office hours, etc.

In-class instructions for pair presentations

Pair work in breakout rooms

1. Summarize two of the four steps from the reading you did for homework and share your new ideas that you added for each step. Your partner will summarize and share ideas for the other two steps.
2. Together, choose one of the four steps to make a presentation about.
3. Prepare a 3-4-minute oral presentation related to stage fright and giving presentations. The presentation must begin with a fictional role play and then segue into a ‘teaching’ style presentation that gives fellow classmates advice on presenting.

For the role play, think of a real situation where people are required to give presentations in front of others. Use your imagination. Oral presentations are not only conducted in classrooms settings. Decide the scenario and the dialogue. Perhaps the presenter is successful, perhaps the presenter fails miserably, or is full of fear like in the warm-up video. The role play should contain a “lesson” for the viewers, or a teaching moment that you can then use as a lead-in to your topic and your advice.