

Stage Fright – Oral Presentation Preparation	
Course and Topic	Academic English – Stage Fright and Oral Presentations
Learning Objective(s)	By the end of this lesson, students will be able to: <ul style="list-style-type: none"> • Deliver a short informal talk • Describe ways to overcome the fear of public speaking
Activities	This lesson uses some flipped classroom methods including a pre-instruction survey and reading background content at home. In class activities are group work, pair work, and oral presentation
Room Set-Up	Online via Zoom (or Face to face in class)
Technology Needs	Internet connection (If face to face - ability to connect a laptop to class projector for PowerPoint and Youtube)
Materials	Pdf posted to Canvas, short YouTube video
Estimated Time Required	60 - 90 minutes preparation before class, 1 hour 50 minutes in class

Lesson Plan - Step-by-Step			
Step	Faculty Activity (What the teacher does during this step.)	Student Activity (What the students do during this step.)	~Time (min.)
Hwk	<p>Upload to Canvas in advance: Pre-instruction quiz/survey - Canvas survey related to students' experiences with and fears of public speaking (to be completed by midnight the day before class because teacher needs time before class to look at the results). Some questions will be real such as 'How many times have you had to speak in front of more than six people?' Some questions might be a Likert scale such as "When speaking in front of others, I feel relatively calm" - Strongly Agree, Agree, Disagree, etc. and some questions should be funny, for example "Which one of the following are you most afraid of: giving an oral presentation, swimming with sharks, seeing a ghost, etc."</p> <p>Pdf - "Stage Fright: How to Overcome Your Fear of Public Speaking".</p>	<p>Homework– preparation before class.</p> <p>Students will:</p> <ol style="list-style-type: none"> 1. answer a Canvas survey about their experiences with public speaking (giving oral presentations) and 2. read a pdf entitled "Stage Fright: How to Overcome Your Fear of Public Speaking", and begin the related assignment. The Pdf outlines five common fears people have related to public speaking, and presents four steps to overcome them. The instructions for the reading assignment indicate that they will have to give an oral summary of the article in class and that they must do some extra research on their own to build on the four steps given. They should be prepared to add new information for each step. For example, one step to reduce fear of giving a presentation is to practice the presentation, so one student might add that it's best to video record the practice so they can 	60-90 min.

		watch it later and see how they looked. Another student may suggest practicing in front of a mirror, or in front of friends or even with the teacher during office hours, etc.)	
Before class	Check Canvas survey results and make a PowerPoint slide indicating the percentage of students who...ex. preferred to swim with sharks rather than give an oral presentation.		
1	<p><u>In class</u> Show short funny video about stage fright to get students interested (3 minute video) https://www.youtube.com/watch?v=rUYI9Rg1_oE</p> <p>Teacher presents useful vocabulary related to stage fright and presenting. (glossophobia, nerves, butterflies, jitters, expectations, failure, success, etc.)</p>	Students take turns recalling and explaining to the group what happened in the video	10 min
2	Show slide of students' anonymous survey results and have them guess what percentage of people answered each question a certain way. This show students that they are not alone in being nervous about the topic.		5 min
3	Assign Zoom breakout rooms of four students.	<p>Discuss-</p> <ol style="list-style-type: none"> 1. What do you find difficult about speaking in English in front of an audience in an oral presentation? Do you have the same difficulties giving presentations in your first language? Briefly compare and contrast what you believe would be some similar difficulties, and difficulties unique to multi-lingual students. 2. Tell your partners about a time you were uncomfortable speaking in front of others. 3. Prior to this class, had you been taught any ways to deal with stage fright? 	15 min

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4	Ask groups to briefly summarize their discussion. Ask for volunteers to share an experience if they are comfortable doing so.	Report back to the group and share an experience if comfortable.	5 min
5	Teacher presents pair work instructions for roleplay activity and presentation. Teacher assigns breakout rooms with 2 people.		5 min
6	While students are working, teacher circulates and provides guidance	<p>Pair work – Each student summarizes two steps from the reading they did for homework. Next, share new ideas they found for each step. Choose one of the four steps to make a presentation about.</p> <p>Students prepare a presentation related to stage fright. The presentation must begin with a fictional role play and then segue into a ‘teaching’ style presentation that gives fellow classmates advice on presenting.</p>	30 min
7	Watch presentations. Take notes to give feedback.	Students present	25 min
8	Classmates and teacher provide feedback on the presentation		10 min
9	Explain wrap-up survey and give students time to log in to Canvas and do the activity online.	Canvas survey - students take a minute or two at the end of class to briefly assess their comfort level with presenting, how they believe they could be more comfortable, and most importantly, how the teacher can help them prepare for future presentations, for example if they would like to practice one-on-one during office hours.	5 min