Lesson Plan : What FASHION means to you

By : Pragati Sharma

What fashion means to one person will be completely different from the next. Fashion, has always been a fascinating and almost relaxing subject in my class. It is especially popular amongst my female students (trying not to be stereotypical here). This activity is a step towards a session on ‘Fashion’ for ESL learners with an aim to learn plenty of vocabulary, adjectives and to be able to confidently present one’s personal views and opinions about fashion and dressing up styles.

Requirements : Pictures of fashion clothing, few attached in Task 1, White Board and markers

Audience : Intermediate to Advanced adults as well as teenagers (can however be customized to various levels with appropriate changes)

Outcome : The learner will be able to independently talk about their fashion style, ask questions about the same to others and participate actively in discussions related to clothing, dressing up and fashion trends.

Duration : 1 session (45-50 minutes)

Key Points
In Fashion, In the early 70s/mid80s/late90s, Out of fashion
Vogue, styles of clothes, hair, shoes
Trousers (culottes, palazzos, wide-leg) Skirts (pencil, mini) Dresses (a-line, shift, wrap, one-shoulder)
Adjectives—Outrageous, Patterned, plain, loose, tight, skintight, baggy, impractical etc
Compound Adjectives—Navy blue, sky-blue, snow-white, lime-green, chocolate-brown

Lesson Preparation
Collect as many pictures related to fashion trends (look up magazines, web, newspaper). Few are attached here at the end of the plan. Using a double sided tape, put the pictures around the room on the walls so that the students can view them clearly. Don’t forget to number the pictures. The aim is to create a fashion art gallery situation.

Introduction
As the learners enter the room, hand them Task1 and ask them to walk around, observe the pictures and make a note of what they see on the corresponding numbered row. During this ‘Fashion Gallery Walk’ encourage the learners to interact with each other.
In about 5 minutes, transition into a discussion about what the students noticed.
Ask questions such as:
What do you think we will be talking about today?
What does fashion mean to you? Which ones of these pictures is your favorite?
What is your favorite color in dresses?
How much time did you spend this morning in deciding what to wear?
**Presentation (by Teacher)**  in italics are the suggested dialogues ---10 minutes

Point to the picture of flared trousers (and eventually other garments) and ask
- *When was/were....in fashion?*
- *In the early/mid/late...,I think.*
- *Are they in fashion/vogue now?*
- *No they aren’t / completely out of fashion / still very popular / they are in*

Practice further with all the different styles of fashion referring to the pictures around the classroom

Present newer vocabulary using pictures in the room and realia based on what the students are wearing.
- *What sort of pants/trousers/palazzos do you prefer?*
- *I usually prefer....(skin tight/plain/patterned/embellished) ones.*
- *Are skin tight trousers/pencil skirts/fitted dressed comfortable ? {Yes/No}*
- *Can you walk around/dance easily in them ? {Yes/No}*
- *So are they practical ? {Yes/ NO they are impractical}*

List as many adjectives on the whiteboard on one side and the nouns related to fashion trends and cloths on the other side

**Practice (By Students)  10 minutes**

Ask students to create similar dialogues and talk about practical, impractical, outrageous, comfortable, stylish, classic, horrendous fashion trends. They may refer to the pictures all around them and the vocabulary lists on board. Focus primarily on accuracy and correct any error that comes up. Here you can do error correction via peers also.

**Task 2**

Ask students to read the short article in Task 2. Tell them to read it in pairs and try to get a general understanding of the topic. They must spot any unknown vocabulary. Follow this up with a discussion via following questions

*Did any of you consider fashion as a career? When /Why?*

*Do you have a friend/acquaintance who is a fashion/costume designer?*

The learners must then pen down their thoughts and mention what fashion and dressing up means to them. They then present their write-ups and share their ideas with the class.

As the instructor, be a moderator here and steer the discussion in the right direction. Do not interrupt for error-correction and focus only on fluency. Note down the errors and discuss them at the end of the task using the self-peer-teacher method.

**Task 3**

If time permits (which could happen in case of individual students or a smaller group)distribute the Task 3 sheets and encourage a discussion based on the list of questions.
TASK 1

Fashion Trend Clothing Vocabulary:
- skinny jeans
- mini skirt
- baggy pants
- high-waisted shorts
- crop top
- low-cut jeans

Style Vocabulary:
- Boho Chic
- Hipster
- Girly Glam
- Casual
- Formal
- Goth
- Skater
- Preppy
- Punk
- Emo
- Mod
- Classy

Additional Adjectives:
- edgy
- timeless
- feminine
- vintage
- chic
- trendy
- tight
- very
- in-style
- crazy
- classic
- modern
- fashionable
- comfortable
TASK 1

leather Freedom coat leather jacket dress skirt jeans
fashionable belt scarf suit jacket
trousers dressed tie handkerchief casual
handbag tights collar elegant
bra undressed put
jumper wool
shopping gloves
tracksuit off
underwear
buy
hat
trousers

Trousers types

Leggings
"I" shape can wear these

Skinny Cut

Slim Cut

Straight Cut

Bootleg Cut

"A" & "X" shape can wear the bootleg cut

Cropped Cut

Harem Cut

Tapered Cut

"I" shape can wear these

"I" & "O" shape can wear these
<table>
<thead>
<tr>
<th>Picture</th>
<th>Name of the clothing article</th>
<th>Color</th>
<th>Style /fashion trend</th>
<th>Someone who would wear this</th>
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Task 2

What fashion Means To You….

To some of us, fashion can be a form of expression as articulate as a poem or a story. It can be a way of life, and even a profession. Fashion is also a glimpse into someone’s personality.

Fashion is a popular style or practice, especially in clothing, footwear, accessories, makeup, body, or furniture. It is a distinctive and often constant trend in the style in which a person dresses. It is the prevailing styles in behavior in a certain area or region and the newest creations of textile designers. The more technical term ‘costume’ is regularly linked to the term ‘fashion’, and often refers to special styles like fancy dress or masquerade wear, while "fashion" generally means clothing, including the study of it. Although aspects of fashion can be feminine or masculine, some trends are androgynous. Fashion is full of seriousness, playfulness, a conception of distraction, entertainment and exhibition. Fashion is an individual’s statement of self-expression.

Of course, the meaning behind fashion is not a simple question to answer. One could say it plays a significant role in our transformation and development as human beings. There is so much history and so much to be learned about its evolution.

What does fashion mean to you as an individual
Task 3

1. How important is fashion to you?

2. Do you purchase clothes that are fashionable or do you go by the comfort level?

3. What’s the most outrageous thing you’ve ever worn?

4. Have you or someone you know ever bought something that was totally impractical? What and why?

5. How often do you go shopping for clothes? Where? Do you enjoy the experience?

6. ‘Clothes Make The Man’ Do you agree with this saying?

7. Do you like people to notice your clothes?

8. What colors do you prefer in your clothes? Give details

9. Do you throw away your old clothes or recycle them or keep them because they might come back in fashion?

10. Describe your prefect attire / perfect dress / pair of trousers.

11. What would you wear to a job interview/nightclub/a wedding?

ADD a Few More Questions to this bank and ask your friends for answers!