

## Mindset Assessment Tool for Learning English

Items	Strongly Agree	Agree	Disagree	Strongly Disagree
1. I can't speak English and I can't change it.	0	1	2	3
2. No matter how much intelligence I have, I can always improve my language learning skills quite a bit.	3	2	1	0
3. Only a few people will be truly good at learning English, a person needs to be born with the ability.	0	1	2	3
4. The harder I work, the better I will be in learning English.	3	2	1	0
5. I often get angry when I get feedback about my performance in English.	0	1	2	3
6. I appreciate when my teacher, my parents or my peers give me feedback about my performance in English.	3	2	1	0
7. Smart people do not need to try hard for learning English.	0	1	2	3
8. I can always improve my language skills.	3	2	1	0
9. I am certain kind of person and I cannot really change it.	0	1	2	3
10. I try my best to improve my language skills as I enjoy learning English.	3	2	1	0

## **Score Chart**

**22-30** = Strong Growth Mindset about Learning English

**17-21** = Growth Mindset with Certain Fixed Ideas

**11-16** = Fixed Mindset with Certain Growth Ideas

**0-10** = Strong Fixed Mindset about Learning English

**My Score:** \_\_\_\_\_

**My Mindset:** \_\_\_\_\_

**Adapted from:**

**Dweck, C. S. (2006). *Mindset: The new psychology of success*. Random House INC.**