

# **CULTURE TALKS: DESCRIBING A TYPICAL MEAL**

## **(BREAKFAST, LUNCH OR DINNER) IN A CULTURE**

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**Title:** Talking about different cultures: describing typical meals in a culture /country

**Time:** 30 minutes

**Learning Focus:** Speaking

**Level:** A1- A2 (CEFR)

**Objectives:** Students will be able to talk about a typical meal in their culture by using target vocabulary and language

**Learning Outcomes:** Students will be able to use quantities and names of the food to talk about a typical meal in their own culture or country.

**Summary:** Students will first look at some pictures of foods and containers and remember the containers and quantities. Students will then look at a Turkish breakfast picture and label the foods as a class. Students then on the Internet find a picture of a typical meal in their country, or they just draw a picture of the food. They prepare a short presentation about the meal in their country. One by one

students present the typical food they choose in groups. After the presentations, the whole class discusses the similarities and differences between cultures.

### **Procedure:**

#### **Before the activity (5 minutes):**

1. Show the students pictures of some food and their containers. As a whole class remember food containers and quantities.
2. Show the students picture of a breakfast and ask what meal of the day it is (it is a Turkish breakfast).
3. Ask students label the foods in the pictures and check as a whole class.
4. Ask the students questions about the breakfast in their cultures, formulate questions like: Do you eat similar food for breakfast? What do you eat for breakfast? Do you drink tea or coffee?

#### **During the activity (20 minutes)**

5. Students sit in groups of five. Ask students find a picture of a typical meal on their mobile devices. Or they can draw a simple picture of the typical meal.
6. Teacher reminds students use the container vocabulary and quantity words while describing the meals.

7. Each student prepares a presentation about the typical food in their culture/country.
8. When they are ready, each student in the group presents the meal with the picture they had found.
9. The teacher will monitor the students and give feedback where necessary.

**After activity (5 minutes)**

10. As a whole class students discuss similarities and differences between cultures.

## Materials:

- 1) CONTAINERS (Teacher reflects the pictures on the board in class or on the screen for online education )



*TWO CUPS OF  
COFFEE*

*A DISH OF RICE*

*TWO GLASSES  
OF WINE*

*A BOTTLE OF  
WINE*

## 2) TURKISH BREAKFAST



## RESOURCES:

- ✓ <https://www.gettyimages.com/detail/photo/coffee-cup-royalty-free-image/1211815861?adppopup=true>
- ✓ <https://www.gettyimages.com/detail/photo/biryani-beef-and-mutton-rice-closeup-with-garnish-royalty-free-image/1265032634?adppopup=true>
- ✓ <https://www.gettyimages.com/detail/photo/glass-of-wine-on-a-table-in-sunlight-royalty-free-image/1243114533?adppopup=true>
- ✓ <https://www.gettyimages.com/detail/photo/overhead-view-of-bowl-of-muesli-with-milk-royalty-free-image/84120730?adppopup=true>
- ✓ <https://www.gettyimages.com/detail/photo/traditional-turkish-breakfast-directly-above-view-royalty-free-image/1146674548?adppopup=true>